

Soft Sleep Cap

Materials:

- 1 piece of knit ribbing 4" x 21"

Note: make sure the 21" side is on the stretch of the fabric.

- ¼ yard of soft flannel

Instructions:

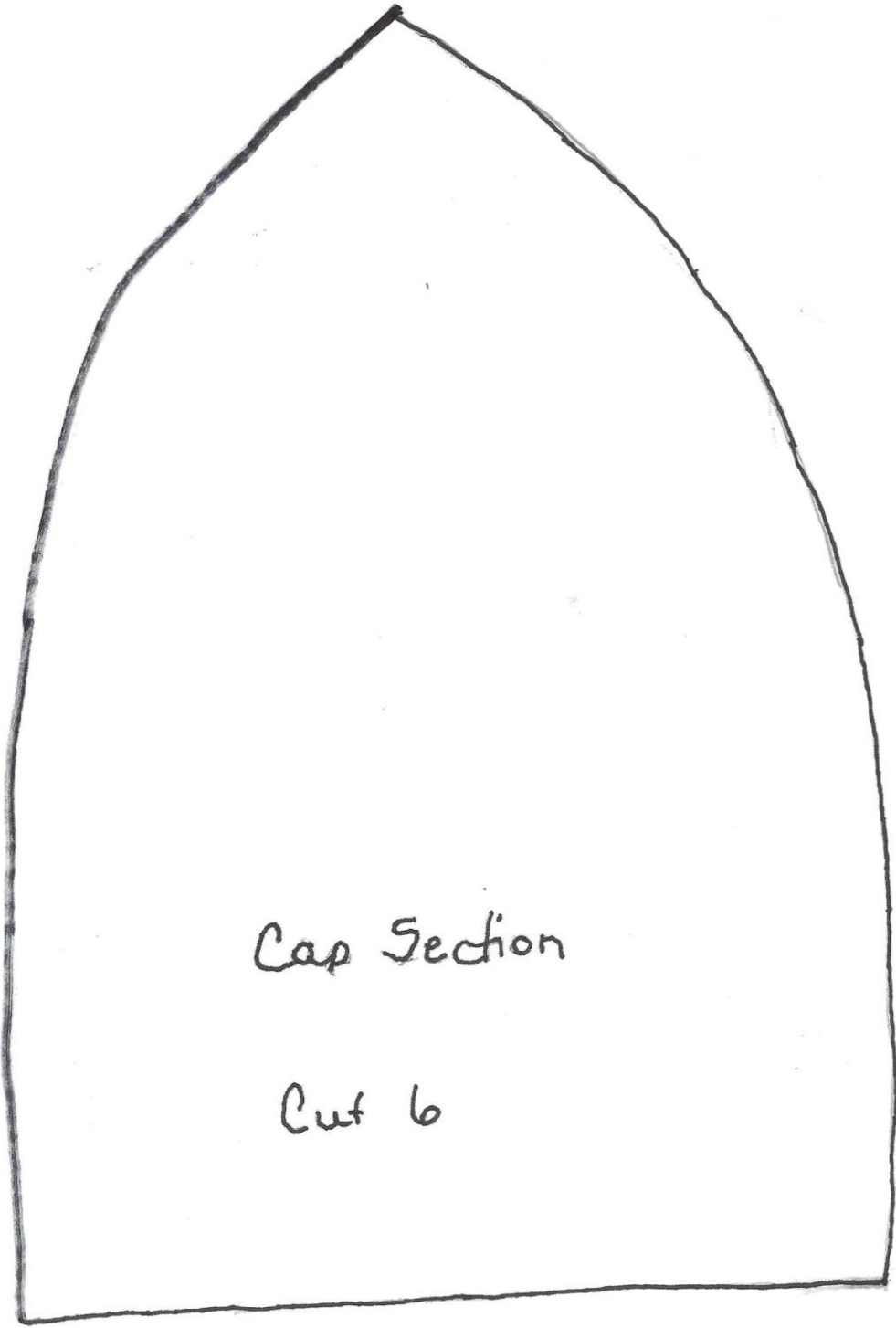
1. Cut 6 of the cap sections from the flannel.
2. Sew 3 of the cap sections together being sure to use an overlock seam to prevent fraying.
3. Sew the other 3 cap sections together being sure to use an overlock seam to prevent fraying.
4. Sew the sections together to form a beanie cap.
5. Press the seams down.
6. Sew the band together at the 4" ends.
7. Fold the long sides of the band together with the wrong sides together. You should have a band, 2" tall and 20" around.
8. Sew the band to the lower edge of the cap, using stretch overlock stitch and stretching band to fit.

Be sure to sew the right sides together!

9. Press seam toward the cap.

You may want to cut the pattern out of felt or sturdy paper so you have 6 patterns and can cut out all sections at one time.





Cap Section

Cut 6