

## FIDDLE MAT

Wash and dry fabric.

- Cut 1 piece of fabric 15" x 23"
- Cut 1 piece of fabric (best if fleece) 18" x 26"
- If using batting cut 15" x 23"
- The fleece gives the mat body and a nonskid texture.

The other option is to use two pieces of fabric with a piece of fleece (15" x 23") sandwiched between the large and small piece of fabric.



Cut 2 pieces of ribbon 36" folded in half, and tacked at fold

1. Place the small piece of fabric on top of the larger one with the wrong side up and the small one with its right side up.

This will form a 1 ½" border all the way around. If using a piece of batting or fleece, sandwich it between the two.

2. Working with the long edges first, turn the 26" edge to the edge of the smaller fabric border once and fold over again. This forms a double hem of ¾ ". See photo.

3. Follow with the other long edge and then the smaller ones.

4. Sew tacked ribbon to one of the long edges at the corner on the diagonal stitching a number of times to the mat to reinforce.

This ribbon will be tied to the wheelchair or around the patient if needed.

5. Sew "ornaments" as with the fiddle apron through both pieces of fabric.