

The Thread

May 2023

*"Stitching our community together,
one thread at a time!"*

Message from the President

As I sat thinking about the newsletter I realized it has been six months since our first meeting. The first meeting in Nov. 2022 we had 11 members and now we have 50! Looking at the numbers of items we have delivered 1,978 handmade items and 2,163 articles of clothing. We are currently delivering to Stafford, Spotsylvania, King George, Caroline, Westmoreland, Louisa, Culpeper, Orange and the City of Fredericksburg.

Currently we are delivering to 44 recipients in those areas and continue to add more. If you know of anywhere that would benefit from what we provide please let me know.

What an impact! We couldn't do it without all of you.

Thank you for all you do for our community!

Pam



Our Mission Statement:

*Our mission is to serve the community
by providing items of warmth,
comfort and dignity,
hand crafted by our volunteers
and clothing donated by
our neighbors.*



New Members

Gayle Yanez
Millie Goodrich
Betty Gil

Fredericksburg Fair

July 29 - August 7, 2023

Community Threads has been invited to setup a table and tell folks about who we are and what do for the community.

We will be looking for volunteers to work our table for a 2 hour slots (free admittance). Our table is in an air conditioned building.

Watch for more information soon!

Stitch Count	Last Month's #s	Grand Total
Handmade Items	139	1978
From the Closet	Last Month's #s	Grand Total
Clothes	175	2163

May Birthdays

- DoJe Weaver
- Donna Edwards



\$\$\$\$ FUNdraising \$\$\$\$

Thank you to all who have donated!

The Ruritan does not charge us a fee to hold our meetings there but there will be a donation envelope at each meeting should you wish to make a donation to help with the operating costs of the facility.

Additionally, there will be a **Community Threads** donation envelope at each meeting should you wish to donate funds to help with the overhead and operating budget of our group.

If you know of a person or business that might be willing to make a donation or become a sponsor, please reach out to them. If you prefer not reach out, then provide us with the information and we will contact them.

Ruritan Yard Sale - April 14th & 15th

Thank you to everyone who supported the Ruritan yard sale! You helped them raise **\$3,000** to help provide scholarships to local students.

Are you decluttering? Keep the Ruritan in mind for the items you want to get rid of.

The next yard sale will be Friday Oct .13th and Saturday Oct. 14th.



Masks will continue to be optional. We want everyone to feel safe and comfortable. We know our members want the same & will remain home if having any symptoms.

Immediate Needs

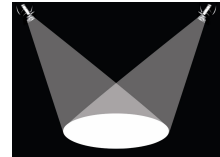
- Walker totes
- Wheelchair totes for back & side
- Large blankets
- Lap blankets for men & women
- Baby blankets
- Dialysis mitts (fingerless gloves)
- Shawls for men & women

New or gently used clothes:

- Ladies 2x, 3x, 4x tops & pants
- Ladies 4, 6, 8, 10 tops
- Men's pants 36x30 and 32x30
- Men's&ladies button shirts for dignity bibs

As always, we encourage you make ANYTHING you like to make, and we will find a good home for it!

Community Spotlight: Thank you!



TO ENHANCE THE QUALITY OF LIFE FOR ALL OLDER CITIZENS.

March 27, 2023

Ms. Pam Greswolde
Community Threads
P.O. Box 204
Locust Grove, VA 22508

Dear Community Threads Members:

Please accept our sincere gratitude for your recent donation of beautiful hand-made items. Your contribution will allow Healthy Generations to continue providing an array of services to support elderly community members in maintaining their independence. Some of the Agency's services include:

Senior Cafes – socialization and nutrition
Home Delivered Meals – providing meals to those who are homebound with a minimal support system
Transportation – to doctor's appointments, shopping, banking, and more
Homemaking – housekeeping for the frail elderly
Employment Training – on the job training for seniors
Emergency Services – financial assistance to stop an imminent emergency

Thank you again for your generous donation.

Sincerely,

A handwritten signature in black ink that reads "Patricia Holland".

Patricia Holland
Executive Director

Thank you all!
Pat

Upcoming & Ongoing Needs

- Blankets – lap/large and baby
- Dialysis mitts (fingerless gloves)
- Fiddle mats
- Shawls
- Shirt protectors
- Walker totes
- Wheelchair totes for back & side

Event Schedule - Fredericksburg

Unless otherwise noted; all Events are at the Chancellor Ruritan Club 5994 Plank Rd, Fredericksburg, VA 22407

Member Meetings 9:30-12:30

MAY 10th	Wednesday
MAY 23rd	Tuesday
JUNE 7th	Wednesday
JUNE 17th	Saturday Workshop 10- 3
JUNE 20th	Tuesday
JULY 5th	Wednesday
JULY 18th	Tuesday

Event Schedule - King George

All Events are at the Smoot Library Room A
9533 Kings Highway. King George, VA 22485

Member Meetings - Friday 10:30 am - 1:30 pm

MAY	5th
MAY	19th
JUNE	2nd
JUNE	16th
JULY	7th
JULY	21st

Meet the Board

Pam Greswolde – President 540-661-7967

Jeannie Duris – Secretary

Linda Foldvik – Treasurer 703-395-4064

Bertha Rector – 540-907-5259

Doris Bowling – 540-406-7237

Marcia Reed – 540-656-0474

Donna Edwards

Please reach out to any of the board members with comments, thoughts, and suggestions.



Coming this Fall !!!
Mark your calendars now:
Saturday, Nov 4th 10 -3 at the Ruritan.
Save the date and watch for more news.

Meeting the needs of our communities

Currently we are delivering to approx. **44** places in the following areas: King George , Westmoreland, Caroline, Stafford, Spotsylvania, Louisa, Culpeper, Orange counties and the City of Fredericksburg.

Additionally we provide items to individuals when we learn of a need. Please let us know if you know anyone who would benefit or be comforted by the items we are able to provide.

Family, friend or neighbor - it does not matter... we are here to provide help anyone and everyone we are able to so please let me of any one of the board members know of the need.





Linda is teaching Candy the loom.



Doris is watching Bertha crochet a corner to corner blanket.

The workshop is a day full of fun, however it does take volunteers to help set it up and clear it up. If you are to help with any part of it please email us at Communitythreads@comcast.net

We will have a volunteer signup sheet at each of the meetings this month.

Community Threads 1st Semi Annual Workshop Saturday June 17th 10 am - 3 pm

A day full of stitching, taking a class and spending time with friends. We can't forget to mention the Raffles and Door prizes.

Bring a dish to share for the potluck lunch!
Bring your recipe if you are willing to share it.

We will have available the coffee, tea and bottled water along with the plates, napkins, cups and silverware. For those that are not aware, there is a refrigerator, microwave and stove available.

Please feel free to bring a friend or two - everyone is welcome.

Don't forget to bring your stitching project with you to work on.

Volunteers are needed for the workshop:

Arrive early to help set up the following:

- help unload the cars with supplies
- tables for food, raffles and members
- set up chairs
- set up tables & chairs for classes
- set up supplies for the kitchen
- organize the bins of leftovers
- set up the raffles

Stay late to help with the following:

- inventory and pack up the kitchen supplies
- inventory and pack up signs, and raffle supplies
- clear all tables and put them away
- put away all chairs
- help load cars with supplies

Tips, Tricks & Resources:

If you have a pattern you want to share, or a link to a great tutorial, send an email to communitythreads@comcast.net so it can be posted in the newsletter next month to share with other members



Tips of the Month: Crocheting over ends

Weaving ends in is the bane of the crocheter's existence. It takes a long time and is tedious. But luckily, there's another way to keep those ends in without weaving or cutting them. After you've cut your yarn, hold the end of the yarn up to your current row to crochet over it until it disappears. This gets them out of the way and saves you the pain of weaving them in.

Project Size Guidelines For Community Threads

Constantly Needed Items

Project	Size	Notes
Large Blankets	48"x 50" up to full bed size	Large rectangular
Lap Blankets	32-36" square	not necessarily square, no less 32" width & length
Chemo Blankets	32-34 x 48-50"	Rectangular
Chemo caps	all sizes	no wool, washable - male & female colors winter - acrylic mix, fun fur with acrylic summer -cotton, acrylic & fun fur, or cotton & fun fur
Baby blankets	30" to 40" square	no wool
Baby sweaters	newborn to toddler	no wool
Baby hats	fit a grapefruit or larger	no wool – hats should fit a 5" ball
Baby booties	newborn	no wool
Hats & Scarves	all sizes - child to adult	matching sets are helpful - male & female colors wool mix okay - tag with red yarn can be made & turned in year-round
Shawls	all sizes	

Appreciated when available

Project	Size	Notes
Book Totes	Approx. 8 x 10	Kits or fabric & ribbon available
Fiddle Mats		Sewn – Men & Women (pattern and fabric available)
Dignity Bibs		Men & Women
Shirt protectors		Sewn – Men & Women (pattern & fabric available) Velcro at neck
Sweaters	child to adult	all male & female colors
Walker totes		Sewn – Men & Women (pattern and fabric available)
Wheelchair tote for back		Sewn – Men & Women (pattern and fabric available)
Wheelchair tote for side	Approx. 8 x 10	Kits or fabric & ribbon available
Toys	all types	crochet, knit or sewn – example: blankets & hats for bears
Pet cozy	18" up to 3 feet any shape	Blankets for animals in distress great way to use slightly soiled yarn or scratchy yarn

The above projects are suggestions, but anything you want to make will warm the hearts and bodies of those in need.

Helpful Tips

- **Please tag every item.** There are tags available at every meeting, and you may take a stack home.
- **On items containing wool, please tie on the item tags using red yarn so that we can identify them. Some people are sensitive to wool.**
- Yarn is available at every meeting, or you can use your own. If you use Community Threads yarn, the yarn should be logged out on a *Sign-In/Sign-Out* sheet, and any completed items using Community Threads yarn should be logged in on a *Sign-In/Sign-Out* sheet.
- If you wash item(s), please do not use scented fabric softener, many are allergic.
- If you write on the back of the item tag, please put only your first name and/or washing instructions.
- Remember to tie at least 2 knots when not using the magic knot to ensure it does not come undone in washing.
- Weave ends in more than inch and trim closely.
- To ensure your donation is distributed to the intended group, please make sure it meets the requested size. Many times, you can add a border if needed.

If you need help, contact: communitythreads@comcast.net

Pam Greswolde (540) 661-7967



This is your newsletter - what would you like to see included.
Please let us know by email, telling us at a meeting or
email us at communitythreads@comcast.net

Community Threads | P.O. Box 204, Locust Grove, VA 22508

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